

Incredible Years Parenting Programme

The Motueka Family Service Centre is pleased to offer the Incredible Years parenting programme, starting in March 2011. The programme is run as a weekly 3 hour course for a period of 14 weeks. It is open to parents/caregivers of children age 3 – 8 years old who are having some challenges with managing the behaviour of their child/children.

The focus of this parenting programme is not on being the best or the perfect parent, but on being a more conscious parent. It will help strengthen the relationships between parents and children and look at ways of encouraging the behaviours parents want to see in their children.

To ensure a place in the course, parents need to enrol by Monday 7th March 2011. We will meet with parents prior to the course to explain the course in more detail and gather some information on what they want to gain from the course. Parents will need to commit to completing the course in order to be able to enrol.

Numbers attending the programme will be limited to 16. We are keen to ensure that the programme reaches parents/families who would most benefit from the programme.

We are holding a meeting for parents and agencies to explain Incredible Years. Family members and support people are welcome to attend.

Incredible Years Presentation

Venue : Motueka Family Service Centre, 27 Talbot St Motueka
Date: Tuesday 22 February 2011
Time: 9.30 to 11.00am
morning tea provided

The facilitators for this programme will be Blyda Mackey and Phillipa Adams, from the Motueka, Family Service Centre. If you have any queries regarding this programme please feel free to contact us.

Motueka Family Service Centre
27 Talbot St Motueka (behind Parklands School, next to the Early Learning Centre)
Phone 5280234
mfsc@xtra.co.nz